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Theme: Enhancing and Developing Best Practices in Dermatology

BACTERIAL SKIN INFECTIONS

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MRSA INFECTIONS

- **Concept: Methicillin-resistant *Staphylococcus aureus***
- **Epidemiology: Gradual increase of resistance.**
- **Nosocomial MRSA risk factors:**
Hospitalization, ICU, invasive procedures, previous antibiotic therapy, health professionals, diabetes mellitus, EV drugs, immunosuppression and chronic diseases.

MRSA INFECTIONS

- **Community MRSA risk factors: Children, IV drugs, indigenous, homosexual men, military, prisoners and athletes.**
- **Microorganisms more virulent by genetic characteristics.**

MRSA INFECTIONS

- **Clinic characteristics:**
 - Abscess, cellulitis, folliculitis, impetigo, infected wounds, external otitis, paronychia and colonization of the skin in cases of atopic dermatitis.
 - Increased morbidity.
- **Propedeutics:** Culture blood, tissue or secretion.

MRSA INFECTIONS

- **Treatment:**
 - **Pathology-specific treatment.**
 - **Prefer non-beta-lactam antibiotics, such as: clindamycin, sulfamethoxazole-trimethoprim and tetracyclines.**
 - **On suspicion of MRSA infection, start empirical antibiotics and stagger specific antibiotics by culture with antibiograma.**

MRSA INFECTIONS

- **Treatment:**
 - **Decolonization: systemic antibiotic therapy, topical 2% mupirocin, personal hygiene with antiseptic or antimicrobial solutions (iodine-povidine, chlorhexidine or triclosan).**

MRSA INFECTIONS

- **Prevention:**
 - **Avoid skin-to-skin contact and share personal belongings / clothing.**
 - **Hand washing.**
 - **Use of alcohol gels.**
 - **Cover wounds.**
 - **Isolation contact of MRSA carriers.**
 - **Early treatment.**

ERISPELA AND CELULITE

- **Concept:**
 - Erysipelas is a bacterial infection of the dermis with lymphatic involvement that is frequently found in the lower limbs and face.
 - Cellulite: It is the extension of the process above to the subcutaneous tissue.
- **Etiology:** Streptococcus and S. aureus.

ERISPELA AND CELULITE

- **Epidemiology:**
 - Incidence: 2: 1.000 / year.
 - Location: lower limbs (85%) and face (10%).
 - Gender: Female more affected.
 - Risk factor: Obesity, erysipelas / cellulitis recurrence, Peripheral venous insufficiency and diabetes.

ERISPELA AND CELULITE

- **Epidemiology:**
 - Entrance door: interdigital interdigital, dermatophytosis and lower limb ulcers.

ERISPELA AND CELULITE

- Erisipela-> Clinic characteristics:
 - Incubation period: 2-5 days.
 - Sudden onset and systemic signs / symptoms (fever, chills, nausea and malaise).
 - Cutaneous changes with sharp edges, such as: phlogistic signs, progressive enlargement, blisters, vesicles and hemorrhagic areas.



■ **Figura 53.23** Erisipela de membro inferior.



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■ **Figura 53.24** Erisipela bolhosa de perna.



■ Figura 53.25 Erisipela de face.

ERISPELA AND CELULITE

- **Celullite-> Clinic characteristics:**
 - **Systemic signs/symptoms (fever, chills, nausea and malaise).**
 - **Skin damage with imprecise borders, such as: phlogistic signs, blisters, vesicles, pustules and necrotic tissues.**

ERISPELA AND CELULITE

- **Erisipela\Celullite-> Clinic characteristics:**
 - **After antibiotic onset, progressive improvement after 2 days and complete resolution in 2 weeks.**
 - **Delayed treatment increases complications.**
 - **Complication: Abscess, necrosis and DVT.**
 - **Relapses: inadequate antibiotic therapy and persistence of risk factors.**

ERISPELA AND CELULITE

- **Diagnosis:**
 - Clinic characteristics of the patient.
 - Propedeutic (severe cases): Hemogram, blood cultures, wound culture (blister, needle puncture or biopsy), swab interdigital spaces and dosage of anti-streptolysin O (group A beta-hemolytic streptococcus label).

ERISPELA AND CELULITE

- **Treatment:**
 - **Rest and lift lower limb.**
 - **Prophylactic antibiotic therapy in relapses:
Penicillin G benzathine 2,4 million IU 3/3
weeks or erythromycin 250mg twice daily.**
 - **Treating risk factors.**
 - **Emollients on the lesions.**

ERISPELA AND CELULITE

- **Treatment of erysipelas:**
 - **Penicillin G 0.6-1.2 million Units IM twice daily and Cefalexin 500mg 6 / 6hs 10-14 days.**
 - **Hospitalization in children and immunocompromised cases.**

ERISPELA AND CELULITE

- **Cellulite treatment:**
 - **Minimum duration of 10 days.**
 - **Cephalexin 500mg VO 6 / 6hs and oxacillin 1G EV 4 / 4hs.**
 - **Severe cases: Vancomycin or linezolid.**
 - **Immunocompromised hospitalization and chronic disease**
 - **Children younger than 3 years: Ceftriaxone.**

NECROTIZING FASCIÍTE

- **Concept:** Severe infectious characterized by rapidly progressive necrosis of the subcutaneous and muscular fascia.
- **Epidemiology:** High mortality.
- **Risk factors:** obesity, immunosuppression, drug addiction, diabetes mellitus, recent surgeries and traumatic wounds.
- **Location:** lower limbs, perineum and abdominal wall.

NECROTIZING FASCIÍTE

- **Etiology:**
 - **Type I: Polymicrobial (Aerobic and anaerobic). Associated with diabetes mellitus, surgical procedure or infected wound.**
 - **Type II: Community infection, mainly group A streptococcus. Most common form of necrotizing fasciitis. It affects young and healthy.**

NECROTIZING FASCIÍTE

- **Clinic characteristics :**
 - **Beginning of the picture: Erythema, edema, heat and subcutaneous hardened even beyond the area of erythema. Pain disproportionate to physical examination findings.**
 - **Second stage: Toxemia and sensory reduction. Blue-gray skin and blisters.**

NECROTIZING FASCIÍTE

- **Clinic characteristics:**
 - **Final stage:**
 - Bleeding, purulent, foul-smelling blisters.
 - Local anesthesia. Creping on the palpation of the skin.
 - Septic shock with multiple organ failure.

NECROTIZING FASCIÍTE

- **Diagnosis:**
 - It is clinical and surgical.
 - Radiological examinations can help identify which muscle is involved.
 - Propedeutics: surgical culture material and blood, antibiogram, gram of secretion, CPK, lactate, coagulogram, ions, blood gases and hemogram.

NECROTIZING FASCIÍTE

- **Treatment:**
 - **Clinical support.**
 - **Early surgical debridement.**
 - **Broad spectrum empirical antibiotic therapy followed by gram and cultured secretion antibiogram study.**

NECROTIZING FASCIÍTE

- **Treatment:**
 - **Antibiotic therapy:** Carbapenems or betalactamases inhibitors (pipe-tazo and ampi-sulbactam) associated with clindamycin or Antibiotic for MARSA (vancomycin and linezolid).
 - **Duration:** depends on the clinical picture.

ERYSIPELOID

- **Concept: Acute cutaneous infection caused by the gram-positive bacillus *Erysipelothrix rhusiopathiae*.**
- **Epidemiology:**
- **Bacteria found in soil and animals.**
- **Human contamination when having direct contact with contaminated food or objects. Risk group: Butcher, fisherman, housewife and veterinarian**

ERYSIPELOID

- **Clinic characteristics:**
 - **Localized skin infection (erysipeloid):**
 - **More common shape.**
 - **Incubation period from 1 to 7 days.**
 - **Lesions with purpuric or violet coloration, painful and warm with well-marked and raised margins. Location in hands. Self-limiting table in a period of 2 weeks.**



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■ **Figura 53.26** Erisipeloide – lesão purpúrica.



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■ **Figura 53.27** Erisipeloide – lesão purpúrica no dedo da mão.

ERYSIPELOID

- **Clinic characteristics:**
 - **Diffuse cutaneous form:**
 - --**Different parts of the body.**
 - - **Spontaneous resolution and frequent recurrences.**
 - --**Negative cultures.**

ERYSIPELOID

- **Clinic characteristics:**
 - **Generalized infection:**
 - Septic arthritis, bone necrosis, brain stroke, pleural effusion e bacterial endocarditis. Fever e weight loss.
 - Polymorphic skin lesions with central necrotic areas and elevated borders.
 - Positive hemocultures.

ERYSIPELOID

- **Diagnosis:**
 - **Clínic and epidemiologic.**
 - **Skin lesions or aspirate Gram study.**
 - **Biopsy for culture e for histopathology.**
 - **Histopathology: Vasodilatation of dermic papiles and a inflamatory infiltration with neutrophils and eosinophils with dermic perivascular distribution.**

ERYSIPELOID

- **Treatment:**
 - **Penicillin, erythromycin and ciprofloxacin.**

ERYTHRASMA

- **Concept:** Localized chronic superficial skin infection.
- **Etiology:** Gram-positive bacillus *Corinebacterium minutissimum*.
- **Epidemiology:** It is frequent in tropical climate and in adult men. Most common bacterial infection of the feet.

ERYTHRASMA

- Risk factors: Obesity, diabetes, lack of hygiene, hyperhidrosis and immunodepression.
- Clinic characteristics:
 - It affects areas with maceration and Humidity : underarms, inframammary, intergluteal, groin and interdigital.

ERYTHRASMA

- **Clinic characteristics:**
 - **Erythrasma interdigital: Chronic asymptomatic maceration with desquamation cracks interdigital (3rd and 4th Interdigital Spine).**
 - **It is usually associated with candidiasis or dermatophyte in 30% of cases.**

ERYTHRASMA

- **Clinic characteristics:**
 - **Initial characteristics:** Well-defined lesions of irregular shape, reddish coloration and asymptomatic.
 - **Progression:** Brownish lesions, fine scaling and slightly raised borders.
 - It may cause pruritus in the perianal region.



■ **Figura 53.28** Eritrasma – lesões eritematosas da axila.



■ Figura 53.29 Eritrasma – lesões acastanhadas.

ERYTHRASMA

- **Diagnosis:**
 - **Direct examination of the scales of the lesion with KOH and stained by the gram: Small coccoid forms and long filaments.**
 - **Wood lamp: Red-coral fluorescence.**

ERYTHRASMA

- **Topic treatment:**
 - **Ceratolytics: Salicylic acid 2 or 4%**
 - **Imidazolic topical.**
 - **Clindamycin 2%.**
 - **Erythromycin 2%.**
 - **Fusidic acid.**

ERYTHRASMA

- **Sistemic treatment:**
 - **Single dose clarithromycin.**
 - **Erythromycin 250mg VO 6 / 6hs 14 days.**
- **Prophylaxis:**
 - **- Antiseptic soaps and avoid risk factors.**

PSEUDOMONES INFECTION

- **Etiology: *Pseudomonas aeruginosa*- gram negative bacillus of low virulence.**
- **Primary cutaneous infection: healthy individuals with loss of skin barrier and good prognosis.**
- **Skin manifestations secondary to septicemia: Immunocompromised are affected and have a worse prognosis.**

SYNDROME OF THE GREENED NAILS

- **Etiology:** *Pseudomonas aeruginosa*.
- **Risk factor:** Humidity and nail trauma.
- **Risk group:** Hairdresser and housewife.
- **Clinic characteristics:** Painful paronychia with greenish nail.
- **Diagnosis:** Clinic + gram + culture.
- **Treatment:** Polimixin and bacitracin 6/6hs in solution for 4 months. Avoid humidity.



■ Figura 53.31 Unhas esverdeadas por *Pseudomonas*.

SCARLATINA

- **Concept: Acute disease caused by Group A beta-hemolytic Streptococcus exotoxins.**
- **Epidemiology: Endemic in large centers. Common in children aged 1-10 years.**
- **Clinic characteristics:**
 - **- Upper airways are the gateway through contaminated droplets.**

ESCARLATINA

- **Clinic characteristics:**
 - **Incubation period 2-5 days.**
 - **Membranous tonsillitis associated with painful cervical lymphadenopathy.**
 - **Sixth day: beginning exfoliative rash with sanding appearance with capillary fragility. Oral paleness.**
 - **Tenth day: Discoloration disappears with lamellar palmoplantar desquamation.**

ESCARLATINA

- **Clinic characteristics:**
 - **Fever, nausea, vomiting, abdominal pain and tongue in raspberry.**
 - **Diagnosis:**
 - **Clinic characteristics + elevation ASLO + pharyngeal culture + leukocytosis with deviation to left**
 - **Treatment: Penicillin G benzathine, amoxicillin and erythromycin.**

LINFANGITE

- **Concept:** Inflammation of lymphatic vessels, usually of bacterial origin.
- **Etiology:** Beta-hemolytic Streptococcus or *S. aureus* both coagulase-positive, which enter the lymphatic through trauma.

LINFANGITE

- **Clinic characteristics: Systemic reaction. Erythema from local inoculation to regional lymph nodes, which are swollen and painful.**
- **Diagnosis: Clinic characteristics + blood count + culture.**
- **Treatment: systemic antibiotic therapy, resting and elevated limbs.**

BOTHRIOMYCOSIS

- **Etymology:** Botrio (grape clusters) and mycosis (fungi infection).
- **Synonymy:** Staphylococcal actinophytosis, actinobacillosis and granular bacteriosis.
- **Etiology:** *S. aureus* and other bacteria.
- **Risk factor:** Immunodepression and patients with chronic diseases.

BOTHRIOMYCOSIS

- **Immunology: Bacteria in symbiosis with the host. Defects of immunity.**
- **Clinic characteristics:**
 - **Chronic, granulomatous and suppurative infection that affects skin, soft tissues and bones by contiguity. It can affect viscera.**
 - **Skin: nodules, ulcers, verrucous plaques and fistulas that drain purulent secretion em mãos e pés.**



■ Figura 53.35 Botriomicose.

BOTHRIOMYCOSIS

- **Diagnosis:**
 - **Histopathology:**
 - **Basophilic grains surrounded by hyaline material stained by gram.**
 - **Phenomenon of Splendore-Hoeppli.**
 - **Culture secretion for bacteria and fungi.**
 - **Radiology examinations.**

BOTHRIOMYCOSIS

- **Treatment:**

Sulfamethoxazole-trimethoprim, minocycline, erythromycin, dapsone and cefazolin for long periods.

CAT SCRATCH DISEASE

- **Etiology: Bartonella henselae- Strongly argiophobic gram negative sticks.**
- **Epidemiologia: Rare. There are mild and authoritarian cases.**
- **Reservoirs: Cats and other felines that are contaminated by cat fleas.**
- **Transmission to humans: Licking or biting the cat.**

CAT SCRATCH DISEASE

- **Clinic characteristics:**
 - **The most common bartonellosis.**
 - **Cutaneous lesions begin 3-5 days after trauma such as erythematous papules and vesicles that develop into ulcers and regress with residual macules.**
 - **Painful unilateral lymph node enlargement with possibility of suppuration.**
 - **Mild constitutional symptoms and fever.**

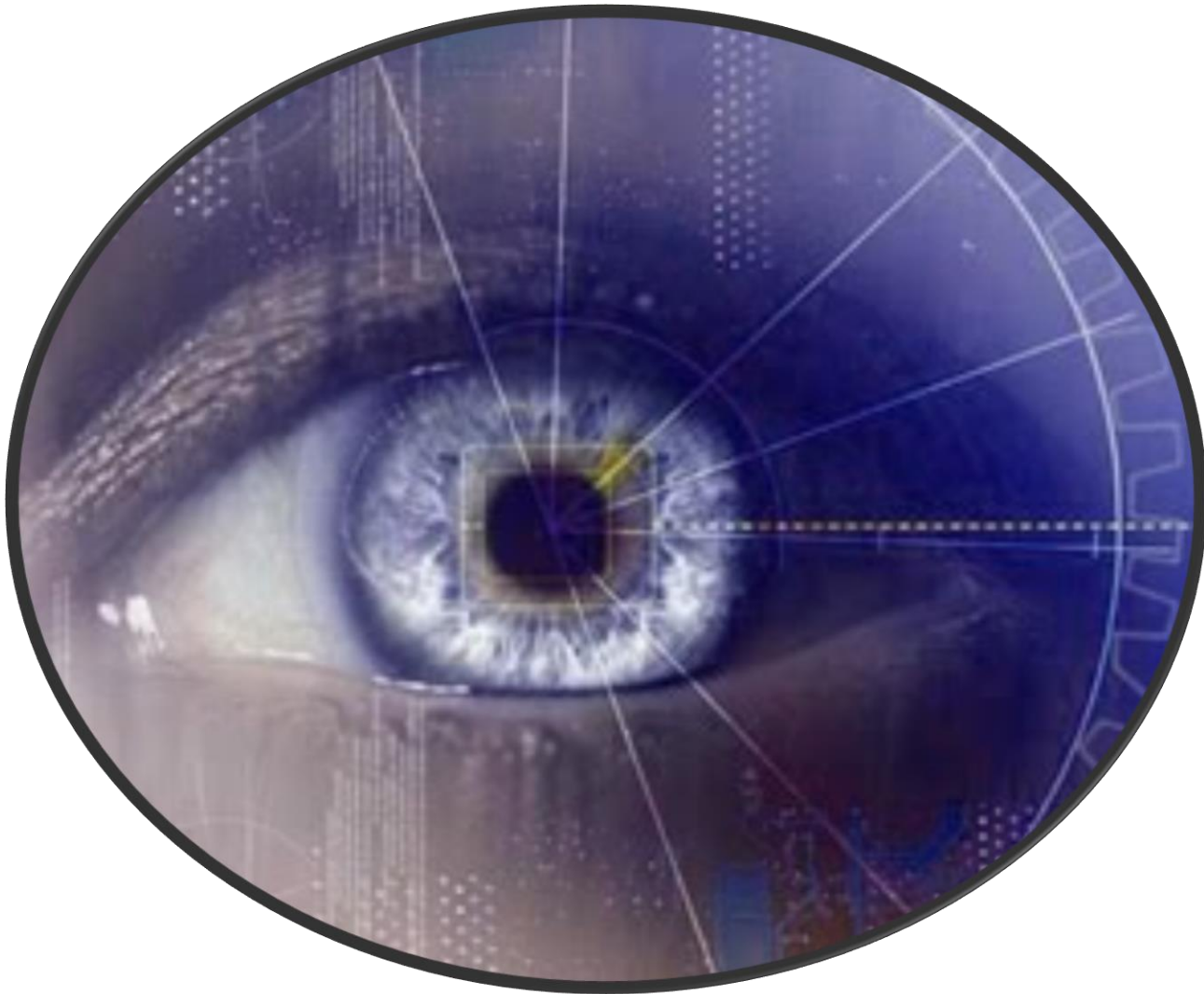
CAT SCRATCH DISEASE

- **Diagnosis:**
 - **Histopathology of the skin and lymph nodes: Granulomatous infiltrate of lymphocytes, histiocytes and neutrophils with central necrotic area and pleomorphic bacilli strongly stained by silver in Warthin-Starry coloration.**
 - **Serological test - Elisa.**
 - **Culture and PCR - hardly accessible.**

CAT SCRATCH DISEASE

- **Treatment:**
 - **Doxycycline VO 100mg twice a day associated with rifampicin 60mg once a day or ciprofloxacin 500mg twice a day or azithromycin 500mg once a day.**

CONCLUSION



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THANK YOU!

DOUBTS?

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